



# Program

## Wednesday, May 16, 2018

### Time

8:00 a.m. - 5:00 p.m.  
6.5 Contact Hours\*

### Presentation/Event

**Pre-Conference Workshop: H.A.N.D.S.<sup>SM</sup>**  
(separate registration and fee required)  
*A boxed lunch and all-day refreshments will be provided.*

This workshop requires separate registration and additional fee. If the workshop does not achieve minimum registration, it is subject to cancellation. If cancelled, registration fees will be refunded in full.

- Summarize current knowledge and guidelines related to diabetes and diabetes management at school.
- Identify the school nurse's role in developing and maintaining a student's individualized healthcare plan for safe, effective diabetes management at school.
- Describe the management of hypoglycemia and hyperglycemia at school.
- Apply knowledge about blood glucose and ketone monitoring to managing diabetes at school.
- Describe the importance of nutrition and activity in diabetes management at school.
- Describe the role of insulin therapy in effective diabetes management at school.
- Identify issues unique to the school setting that can impact safe and effective diabetes management.
- Identify the key school personnel who will require education about diabetes management.
- Discuss regional considerations that relate to diabetes management at school.

### Presenter(s)

Louise Laskaratos, FNPC, CDE, BC-ADM  
Keisha Major, RN, BSN, MSN

*H.A.N.D.S.<sup>SM</sup> is a one-day educational program developed by the National Association of School Nurses (NASN). Course materials include a H.A.N.D.S.<sup>SM</sup> Participant Manual and numerous resources to support school nursing practice as it relates to diabetes management in school-aged pupils. A completed evaluation and full day attendance are required to receive 6.5 CE contact hours.*

## Wednesday, May 16, 2018

### Time

4:30 p.m. - 5:30 p.m.

### Presentation/Event

**New Member/First Time Attendee Orientation & Past Presidents Reception**

### Presenter(s)

5:30 p.m. - 7:30 p.m.

**Welcome Reception in Exhibit Hall**

Sponsored by

**abbvie**

Coffee, Tea, Water and Soft Drinks Provided

## Thursday, May 17, 2018

7:30 a.m. - 8:00 a.m.

**Breakfast**

Breakfast Buffet Provided

8:00 a.m. - 9:00 a.m.

1.2 Contact Hours\*

**Keynote:**

***I'm Transforming as Fast as I Can...Please Send C.H.O.C.O.L.A.T.E.™***

- Explain the C.H.O.C.O.L.A.T.E™ solution, a holistic model for the authentic use of self in nursing.
- Assess the effectiveness of current personal self-care practices. Create a playful play of self-care.
- Discuss the self-care of the nurse as an ethical standard for nursing practice.

**Julia Balzer Riley, RN, MN, AHN-BC, REACE**

9:00 a.m. - 10:00 a.m.

1.2 Contact Hours\*

**General Session 1:**

***Bridging the Gap Between Hospitalization and Re-entry into School for Students just diagnosed with Diabetes: A Model Program***

- Describe the SHNIC model program.
- Formulate a smaller version of the SHNIC program to meet their needs in the community they serve.
- Identify three strategies after the case scenario they would recommend based on the knowledge they received.

**Barbara Obst, RN, BSN, MSED**

10:00 a.m. - 10:30 a.m.

**Refreshment Break in Exhibit Hall**

Sponsored by



Coffee, Tea, Water and Soft Drinks Provided

10:30 a.m. - 11:30 a.m.

1.2 Contact Hours\*

**General Session 2:**

***Research Oral Presentations***

- How Does Poverty Impact Childhood Obesity? A Summary of the Research and Implications for Clinical Practice
- Incidence and Preventative Strategies of Adrenal Crisis in Congenital Adrenal Hyperplasia
- Optimizing Lipid Screening For T1DM Patients in Diabetes Clinic

**Krista Schroeder, PhD, RN  
Padmasree Veeraraghavan, BSN  
Amy Moffett, MSN, RN, CPNP**

11:30 a.m. - 12:30 p.m.

1.2 Contact Hours\*

**General Session 3:**

***Pituitary Disorders***

- Explain how to interpret pituitary laboratory studies.
- Describe common abnormalities seen on an MRI of the pituitary.

Discuss tumors that affect the pituitary.

**Craig Alter, MD**

# Thursday, May 17, 2018

## Time

12:30 p.m. - 2:00 p.m.

2:00 p.m. - 3:00 p.m.

*1.2 Contact Hours\**

## Presentation/Event

**Lunch with Exhibitors**

**Concurrent Session 1:**

**1A (ENDO/ADV) *Mystery Cases***

- Identify systemic clues to endocrine disorders.
- Develop differential diagnoses to common endocrine chief complaints.

**1B (DM/BAS) *Diabetes 101: Diagnosis & Tools***

- Explain the basics of DMT1 self care and pathophysiology.
- Describe treatment options and the risks and benefits of pump therapy vs injection therapy.
- Discuss different types of insulin, like Basal/Bolus and Mixed insulin and how they work.

**1C (ALL) *Abstract Writing and Effective Project Dissemination***

- Describe the four PENS abstract submission types.
- Creation of a Project- Quality Improvement and Research.
- Construct a draft of an abstract.
- Describe how to disseminate your work.

3:00 p.m. - 3:30 p.m.

3:30 p.m. - 4:30 p.m.

*1.2 Contact Hours\**

**Refreshment Break in Exhibit Hall**

Sponsored by



*Coffee, Tea, Water and Soft Drinks Provided*

**Concurrent Session 2:**

**2A (ENDO/BAS) *Understanding The Journey: PCOS, Cushing's Disease, Panhypopituitarism to Endocrine Nurse***

- Identify the signs and symptoms of Cushing's Disease.
- Explain the impact of pituitary surgery on the lived experience.
- Describe how seemingly bad things have worked out for good in your own life journey.

**2B (DM/ADV) *Using Diabetes Self-Management Education to Enhance Adolescent Transition***

- State the current needs of adolescent diabetes self-management behaviors and their effects on glycemic control.
- List three important components of an adolescent self-management transition education program.
- Identify three successful blood glucose reporting system options for adolescent management.

## Presenter(s)

Craig Alter, MD

Shari Liesch, APNP, CDE

Carol Howe, PhD, RN, CDE  
Sharron Close, PhD, MS, CPNP-PC

Rebecca Brooke, RN, BSN

Jessica Atkins, DNP, CNS, RN, CPNP-PC  
Kristopher Britt, BSN, RN, CDE

# Thursday, May 17, 2018

## Time

3:30 p.m. - 4:30 p.m.  
1.2 Contact Hours\*

## Presentation/Event

### 2C (ALL) *Writing for Publication*

- Discuss the knowledge and skills necessary for writing for newsletters, journals, and other nursing related publications.
- Identify a potential topic for publication based on your area of clinical expertise.
- Identify potential organizational resources within the work setting that can be accessed to achieve your publication goal.

## Presenter(s)

Maureen Dever, MSN, CRNP, PPCNP-BC, CDE  
Cecily Betz, PhD, RN, FAAN

4:40 p.m. - 5:40 p.m.  
1.2 Contact Hours\*

### Concurrent Session 3:

### 3A (ENDO/BAS) *Hypoglycemia: Identifying, Managing, Diagnosing and Treating. Review of Recommendations from the Pediatric Endocrine Society*

- Explain how to identify hypoglycemia in neonates and children.
- Discuss challenges to identification of hypoglycemia in neonates and children.
- Discuss the components of a fasting study and why each aspect of a critical sample is crucial.
- Identify which neonates are at risk for hypoglycemia.
- Describe the process for monitoring infants identified as "at risk" for hypoglycemia.

Heather McNight-Menci, MSN, CRNP

### 3B (DM/ADV or BAS) *Type 2 Diabetes: Nutritional Excess or Food Insecurity*

- Explain the prevalence and severity of food insecurity in the United States.
- Discuss the impact of food insecurity on children (specific relation to obesity and Type 2 diabetes).
- Identify methods for assessing food insecurity and providing appropriate education to families.

Jennifer Hyland, RD, CSP, LD

### 3C (ALL) *Understanding PENS Portfolio Program*

- Describe the Pediatric Endocrine Professional Recognition Program.
- Explain the difference between professional recognition and certification.
- Discuss the process to meet professional recognition for the Pediatric Endocrine Nurse and Advance Practice-Pediatric Endocrine Nurse.

Kevin Lewis, DNP, ARNP, CDE

6:00 p.m. - 7:30 p.m.  
1.8 Contact Hours\*

### Poster Reception



Sponsored by  Genentech  
A Member of the Roche Group

Refreshments and Appetizers Provided

7:30 p.m. - 10:00 p.m.

### Networking Night – On Your Own

# Friday May 18, 2018

Time	Presentation/Event	Presenter(s)
8:00 a.m. - 9:00 a.m.	<b>Awards Breakfast</b>  <i>Sponsored by</i> 	<i>Breakfast Buffet Provided</i>
9:00 a.m. - 10:00 a.m. <i>1.2 Contact Hours*</i>	<b>General Session 4:</b> <b><i>Our Trans[ition] Journey: Discuss the lived experience of gender transition for post pubertal young adults—the process, challenges, and lessons learned</i></b> <ul style="list-style-type: none"> <li>Describe at least three communication challenges faced during transition</li> <li>Identify four or more ways patients are impacted while accessing healthcare</li> <li>Elucidate five or more proactive actions to minimize trauma to transgender patients and their families</li> </ul>	<b>Helen Turner, DNP, APRN, PCNS-BC</b> <b>Zac Turner</b>
10:00 a.m. - 10:15 a.m.	<b>Refreshment Break</b>  <i>Sponsored by</i> 	<i>Coffee, Tea, Water and Soft Drinks Provided</i>
10:15 a.m. - 11:15 a.m. <i>1.2 Contact Hours*</i>	<b>General Session 5:</b> <b><i>Translating Genetic Literacy into Pediatric Endocrine Nursing Practice</i></b> <ul style="list-style-type: none"> <li>Describe in lay language the function of a gene and chromosomal abnormality.</li> <li>Identify ways to incorporate genetic literacy into a patient-centered approach.</li> <li>Apply steps to enhance or improve genetic/genomic literacy across their nursing practice to promote comprehensive care of patients and families.</li> </ul>	<b>Kate Davies, RN, Dip HE, BSc, MSc, NMP</b> <b>Andrew Dwyer, PhD, FNP-BC</b>
11:30 a.m. - 12:30 p.m. <i>1.2 Contact Hours*</i>	<b>Concurrent Session 4:</b>  <b>4A: (ENDO/ADV) <i>Grave's Disease: Diagnosis, Treatment and Outcomes in Children</i></b> <ul style="list-style-type: none"> <li>Describe signs, symptoms and diagnostic criteria for Grave's disease.</li> <li>Discuss current treatment options for Grave's disease.</li> <li>Explain the current treatment guidelines for Grave's disease.</li> </ul>	<b>Kevin Lewis, DNP, ARNP, CDE</b>

# Friday May 18, 2018

## Time

11:30 a.m. - 12:30 p.m.  
1.2 Contact Hours\*

## Presentation/Event

### 4B: (ALL) A Panel Discussion of Pediatric Pain Relating to Procedural Therapies - What Can We Do?

- Identify methods to effectively prepare pediatric patients for the painful procedures and diagnostic testing that they will need to endure in the management of their disease.
- Define a least 3 techniques/strategies to decrease needle phobia and distress related to procedures.
- Compare and contrast the effectiveness of these interventions used to prepare children and their families as to the chronicity of the management of endocrinopathies.
- Describe two ways that a provider can measure the success of implementing these interventions/strategies used in the child with procedure or needle phobia.
- Discuss the long term effects of early negative experiences relating to painful procedures in children and the relationship to chronic pain disorders.

## Presenter(s)

Helen Turner, DNP, APRN, PCNS-BC  
Elaine Carroll, RN, BSN

12:30 p.m. - 1:30 p.m.

## Membership Meeting/Lunch

Lunch Buffet Provided

1:30 p.m. - 2:30 p.m.  
1.2 Contact Hours\*

### General Session 6: Children with Short Stature and Growth Failure: Heightism, Gender and Racial Disparities

- Explain the origin and impact of heightism.
- Identify gender disparities in the diagnosis and treatment of children with growth failure.
- Identify racial disparities in the diagnosis and treatment of children with growth failure.

Terri Lipman, PhD, CRNP, FAAN

2:30 p.m. - 2:45 p.m.

## Refreshment Break

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PHARMACEUTICALS, LLC

Coffee, Tea, Water and Soft Drinks Provided

2:45 p.m. - 3:45 p.m.  
1.2 Contact Hours\*

## Concurrent Session 5:

### 5A: (DM) Diabetes Case Studies

1. Complications in the Nonadherent Diabetic Patient
2. Home Is A Tent and Other Obstacles: Six-year-old admitted to hospital with new onset type 1 diabetes-could we, would we, and what we do differently?
3. Insulin Allergy-What Do You Do?

1. Maureen Dever, MSN, CRNP, PPCNP-BC, CDE
2. Linda Lau, PNP
3. Rebecca Crespi, MSN, CDE

# Friday May 18, 2018

## Time

2:45 p.m. - 3:45 p.m.  
1.2 Contact Hours\*

## Presentation/Event

## Presenter(s)

### Concurrent Session 5:

#### **5B: (ENDO/ADV) Name that Growth Issue: A Critical Approach to Diagnosing that "Common" Growth Problem**

Megan Lessig, CRNP, MSN

- Discuss the varying approaches and differential diagnoses in a short stature evaluation.
- Describe what factors in a given case study trigger a deeper look at non-routine short stature.

#### **5C: (ENDO/BAS) Using CGM for Non-diabetic Endocrine Issues – An Effective Weapon?**

Veronica Brady, PhD, MSN, FNP-BC, BC-ADM, CDE

- Define hypoglycemia in children.
- Identify causes of hypoglycemia in children.
- Describe the use of CGM in the management of hypoglycemia.

4:00 p.m. - 5:00 p.m.  
1.2 Contact Hours\*

### Concurrent Session 6:

#### **6A: (ENDO) Endocrine Case Studies**

1. 46, XY Female: A Case of Complete Androgen Insensitivity Syndrome (CAIS)
2. Hypophosphatasia: More Common than We Think?
3. The Diagnosis is Hyperinsulinism: The Details and Management Plan Depend on the Genetics

1. Michelle McLoughlin, MSN, CRNP, CPNP-AC
2. Mako Sather, MSN, CPNP
3. Heather McKnight-Menci, MSN, CRNP

#### **6B: (DM/BAS) Continuous Glucose Monitoring: Beyond the Basics**

Lisa Richards, CPNP-PC

- Discuss current CGM devices available and which patients would benefit from their use.
- Describe a targeted conversation to overcome objections to wearing CGM.
- Identify tips for troubleshooting the CGM technology and improving wearer comfort and options for improving length of wear.
- Discuss billing options and reimbursement/insurance approval to improve use in their practice.

#### **6C: (ALL) PENS Position Paper on Bullying**

Andrew Dwyer, PhD, FNP-BC

- Identify types of bullying that children and adolescents experience.
- Describe the impact that bullying has on health and wellbeing.
- Apply at least one screening question and at least one potential response to a bullying situation.

## Friday May 18, 2018

### Time

5:00 p.m. - 6:00 p.m.

7:00 p.m. - 10:00 p.m.

### Presentation/Event

**Endo Symposium: Factors that Affect the Timing of Puberty**

**Evening Event**

Sponsored by



Pack your flip flops or sandals and get ready to relax poolside for a beach themed evening where you will feel like you are on a tropical beach sipping your favorite cool beverage. Dinner is included and will be followed by some dancing under the stars!

### Presenter(s)

TBD

## Saturday May 19, 2018

### Time

7:30 a.m. - 8:15 a.m.

8:15 a.m. - 9:00 a.m.

9:00 a.m. - 10:00 a.m.  
*1.2 Contact Hours\**

10:00 a.m. - 10:15 a.m.

10:15 a.m. - 10:30 a.m.

### Presentation/Event

**Leadership Breakfast with Roundtables**

**Committee Meetings**

**General Session 7:**

*A Vision of Wellness for Children Who Experience Emotional Trauma*

- Define emotional and psychological trauma.
- Identify specific factors that impact holism/wellness in children who experience emotional trauma.
- Define grounded visionary and transformational process.
- Describe how the presenter used this process 'transforming communication for children who have experienced trauma'.
- Develop a personal action plan to contribute to the transformation of healthcare.

**President's Address**

**Refreshment Break**

Sponsored by



### Presenter(s)

*Breakfast Buffet Provided*

**Elaine Carroll, RN, BSN**

**Cheryl Switzer, MSN, RN, CPNP. CDE**

*Coffee, Tea, Water and Soft Drinks Provided*



# Saturday May 19, 21018

## Time

10:30 a.m. - 11:30 a.m.  
1.2 Contact Hours\*

## Presentation/Event

**General Session 8:**  
**Vitamin D in the 21st Century**

- Identify the risk factors of Vitamin D sufficiency/ insufficiency in children and adolescents.
- Explain effects of Vitamin D on skeleton and extra-skeleton system.
- Describe the partial physiology of Vitamin D deficiency in children and adolescents.
- Discuss recommendation for vitamin D supplementations in children, adolescents and adults.

## Presenter(s)

Pisit Pitukcheewanont, MD

11:30 a.m. - 12:30 p.m.  
1.2 Contact Hours\*

**General Session 9:**  
**Grassroots Advocacy: A Necessary Skill in Nursing**

- Discuss grassroots advocacy and levels of advocacy.
- Identify current legislation that affects nursing as a profession and/or pediatric patients.
- Describe strategies to become a successful advocate.

Mandi Cafasso, DNP, RN, CNP

12:30 p.m.

**Conference Concludes**

\* Subject to change based upon approval

Total number of contact hours applied for is 27.5 (21 for the regular conference plus 6.5 for the pre-conference workshop)



Save the Date  
Pediatric Endocrinology Nursing Society  
2019 National Conference  
April 24-27, 2019 Hyatt Regency Long Beach • Long Beach, California