



Pediatric Endocrinology Nursing Society Practice Portfolio for Recognition as a Pediatric Endocrine Nurse

January 2017

Note The Handbook and Verification Forms should be downloaded and printed from the PENS web site, www.pens.org. All materials contained in this publication are the property of PENS and may not be copied unless the purpose of the copies is related to submission of a Nurse Portfolio.

PENS
4400 College Blvd, Suite 220
Overland Park, KS 66211

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Preface

MISSION STATEMENT

PENS is committed to promoting the highest standard of consumer care and safety by providing recognition for the Pediatric Endocrine nurse. The PENS Advanced Practice Commission grants recognition of competence to an individual who has met predetermined standards as an indication of current proficiency in this specialized area of practice.

Practice Nurse Portfolio

This document was developed by the PENS Advanced Practice Task Force:

Membership of the PENS Advanced Practice Commission:

The membership of the PENS Advanced Practice Commission shall include no less than five people. At least one Nurse Practitioner, and one non-advanced practice nurse who holds an advanced degree in nursing at the graduate level. Commission term limits are two years and a member may serve no more than four consecutive years. One person shall be assigned as Chair of the Commission. Members will be appointed on alternate years.

The members of the inaugural PENS Advanced Practice Commission (2017) are:

Kevin Lewis, DNP, APRN, PPCNP-BC
Rebecca Crespi, RN, MSN, CPNP, CDE
Lisa Davis, MSN, CPNP
Nicole Kirouac, RN, BN
Lisa Pincham, MSN, RN
Mabel Tan, RN, MN

About the PENS Nurse Portfolio Recognition Program

Qualified nurses may be recognized as having achieved practice competency in Pediatric Endocrine nursing by fulfilling the activity requirements of the Nurse Portfolio. Registered nurses that meet practice requirements can apply for recognition via portfolio.

The objectives of the PENS Nurse Recognition Program are to promote excellence in Pediatric Endocrine nursing by:

1. Formally recognizing those individuals who meet all the requirements of the PENS Nursing Practice Program.
2. Encouraging continued professional growth in the practice of Pediatric Endocrine nursing.
3. Establishing and measuring the level of knowledge required for nursing recognition in Pediatric Endocrine nursing.
4. Providing a standard of knowledge required for recognition, thereby assisting the employer, public, and members of health professions in the assessment of the Pediatric Endocrine nurse.

About the Nurse Portfolio Program

The Nurse Portfolio Program is a mechanism for demonstrating advanced level knowledge and competency in the practice of Pediatric Endocrine nursing evidenced by completion of:

- Three (3) years full time practice in Pediatric Endocrinology as a RN
- Professional activities that contribute to the advancement of the art and science of Pediatric Endocrine nursing

PENS has established the Nurse Portfolio Recognition Program at the request of nurses specializing in Pediatric Endocrinology. Activities approved for portfolio points go beyond routine, entry-level Pediatric Endocrine nursing practice, and challenge individual applicants to contribute to the art and science of the specialty. The Nurse Portfolio demonstrates the clinician's achievement of nursing practice; each packet will be unique and reflect the interests of the individual practitioner. The Nurse Portfolio Program is to be used for nurse recognition only after minimum practice requirements have been satisfied. The Nurse Practice Recognition must be renewed every five (5) years via submission of the Nurse Professional Portfolio.

Eligibility Requirements

To be eligible for the Nursing Practice Recognition by PENS, the applicant must fulfill the following requirements:

1. Hold current active RN license
2. Work completed to meet eligibility criteria must be completed after achieving RN status

NOTE: You are advised to keep a copy of your nurse recognition application and materials. The PENS Practice Commission is not responsible for correspondence lost in the mail. It is advisable to send your application materials by traceable means that require a signature, such as UPS or Federal Express. Please note that certified mail is only traceable when you request and pay for tracking.

Send all materials and direct your inquiries to:

PENS
Attn: Nurse Portfolio Program
4400 College Blvd
Suite 220
Overland Park, KS 66211

Nurse Portfolio Program Points

There are eight (8) categories of professional growth activities in which you can earn portfolio points.

- A. Continuing Education
- B. Program or Projects
- C. Research
- D. Publication
- E. Teaching
- F. Involvement in Professional Organizations
- G. Academic Education/ Certifications
- H. Projects/Activities not defined

A total of 100 points must be earned **during the current five-year recognition period and prior to the application deadline**. If greater than 100 points are submitted in the Nurse Portfolio, the reviewers will accept the first 100 points.

If you have any questions regarding what is or is not acceptable, please refer to the “Nurse Portfolio Ask the Commission” section of the www.PENS.org website to see if a similar question was asked by another applicant and answered by a Commission member. If you cannot find a similar question posted, feel free to post your question. A Commission member will respond to your question within one week.

- Keep accurate and detailed records of your Pediatric Endocrine practice activities that count toward your points.
- Candidates must have completed any projects or programs they are claiming for portfolio points prior to application submission in order for the points to be approved.
- Your application, point logs and verification forms should be typed or computer generated. Electronic forms are available from the www.PENS.org website.
- Do not submit logs with excess points. The PENS Practice Commission will only review the first 100 points.
- If you have questions – call the PENS National Office (913) 222-8657, or visit the PENS website (www.PENS.org) and submit your question via “Nurse Portfolio Ask the Commission.”

Checklist

- ✓ Include the following documents with your completed application:
 - Application form (typed or computer generated)
 - Copy of RN licensure
 - Point Logs (typed or computer generated)
 - Most recent performance evaluation OR peer review letter of recommendation
 - Curriculum Vitae, including current position summary reflective of nursing practice duties and responsibilities (typed or computer generated)

- ✓ Complete all necessary summarization and verification forms (typed or computer generated). Be sure to list the required total of 100 portfolio points. Note the minimal points required and maximum allowed for each category.

- ✓ Make a check payable to PENS. For information concerning recognition fees, see fee schedule on page 9.

Send the completed application and all necessary forms and documentation to:

PENS
Attn: Nurse Portfolio Program
4400 College Blvd
Suite 220
Overland Park, KS 66211

Instructions

Points

There are eight (8) categories of activities in which you can earn points.

- A. Continuing Education
- B. Program or Projects
- C. Research
- D. Publication
- E. Teaching
- F. Involvement in Professional Organizations
- G. Academic Education/Certifications
- H. Projects/Activities not defined

Each category contains activities which are assigned a specific value in points. Each category is assigned a letter and each activity is assigned a number. A total of 100 Points must be earned during the current five-year recognition period for which you are applying. All submitted activities and projects must be completed prior to application deadline.

Within these 100 points, there is a **minimum requirement that 20 points must first come from CEs which directly relate to pediatric endocrinology**. Overall, fifty (50) points must directly relate to Pediatric Endocrine nursing. The remaining 50 points do not have to directly relate to pediatric endocrinology, but must reflect professional topics that specifically impact Pediatric Endocrine nursing practice.

Continuing Education (CE) points related to such topics as tuberculosis, domestic violence, employer-mandated activities such as CPR, safety and infection control, etc., would not be acceptable because none of these topics is specific to Pediatric Endocrine nursing practice. Acceptable topics related to professional issues might include “Pediatric Endocrine Legal Issues,” “Preceptor Workshop,” “Diabetes Education,” “Integrating Technology in Diabetes Care,” etc. **Candidates must complete the required CE courses prior to the application deadline.**

Professional practice is defined as courses or activities that are not clinically related to Pediatric Endocrine but which impact or enhance the role of the Pediatric Endocrine nurse.

(See pages 6-7 for additional definitions of terms.)

POINTS DISTRIBUTION FOR EACH CATEGORY	Category	Minimum Points Required	Maximum Points Allowed
	A. Continuing Education	20 related to specialty	40
	B. Program or Project	10	40
	C. Research	10	40
	D. Publication	10	50
	E. Teaching	10	50
	F. Professional Orgs.	None	50
	G. Academic Education/Certifications	None	50
	H. Projects/Activity Not Defined	None	To be determined by the Commission

Point Logs

The Point Logs are meant to contain an overview of what is included in your entire portfolio, with the total points for the activities submitted in the available categories (A – H). Be sure you list *only the total points* you are including in each category of your portfolio. Do not submit point logs with excess points (over 100), or the packet will be returned. You will notice in the example on the Point Log that for category A-H, CE certification the line has been completed, except for the number of credits you have achieved. You will need to insert the number of CEs you are claiming for your renewal of recognition. Fill out a verification form for each activity contained in your portfolio.

EXAMPLE POINT LOG

Category	Activity	Description	Date(s)	Total Points
A	1	CE Total	2009 – 2012	30
B	3	Establish Team	2010	10
C	2	Grant Written	2009	25
D	3	Reviews	2011 – 2012	15
E	1	Teaching	2010 – 2012	15
G	1	RN National Certification	2009	25
H		Not Defined		0
TOTAL POINTS				100

Category A (CEs)

It is important you submit a complete listing of each individual educational session you attend during a conference or program. For example, if you attend PENS National Conference and earn 18 CEs, you must individually **list each session title** on the category A verification form. Please note, there is a maximum of 40 CEs allowed in category A. To calculate Points in this category, refer to the worksheet/instructions on page 12.

Definition of Terms

The following definitions have been developed to explain the meaning of some of the terms used in this handbook. Please review these definitions before you begin filling out the forms. If you have additional questions after you have reviewed the terms, you should go to the PENS website at www.PENS.org, click on “Nurse Portfolio Ask the Commission,” and post your question. Your question will be answered within one week. (“*Ask the Commission*”)

Anticipatory Guidance: Information given to a patient prior to a situation so the patient can prepare himself psychologically and develop problem-solving and coping strategies.

Brochure/Pamphlet: Summary of information regarding a product or service. *Example:* You develop a tri-fold marketing piece outlining the Pediatric Endocrine Services offered at your hospital.

Clinical Pathway: A clinical pathway is intended to be a multidisciplinary patient plan of care. These pathways are disease/condition specific and usually include standing orders, policy and procedures, patient education, ongoing patient assessment criteria, etc. Many times for this process to be developed there are multidisciplinary meetings held to determine what must be in the pathway. Activities in this category require multiple steps for completion.

Competency Based Tool: An educational activity that measures the Pediatric Endocrine skills and knowledge of the nursing staff.

Example: You develop a Pediatric Endocrine competency test for the nursing staff that consists of a scenario to evaluate a Pediatric Endocrine patient when the patient’s readiness to go home from the hospital. The nursing staff then completes an evaluation, and documents the results and proposed treatment plan in the patient record.

Contributing Author: Name is cited as a contributing author in the published textbook or chapter.

Forum or Advisory Panel: Providing a voluntary role as a consultant on various Pediatric Endocrine issues, i.e., manufacturers advisory panels, new product development/advancing products, reviewing manufacturers literature, etc.

Grant Activities (non-research based): Grant applications for activities such as: education programs for your facility, equipment, or other "non-research based activities" which would not go before an IRB. Grant activity that only requires institution approval since the application does not involve human subjects or informed consent.

Example: Institution approved grant proposal submitted to a university or company that supports nursing education (such as Lippincott Williams & Wilkins, etc.) to request funding for an educational program at your facility.

Healthcare Professional Fact Sheet: Factual clinical information intended for the healthcare professional.

Example: You develop a clinical fact sheet for nursing students which outlines illness management protocol for adrenal insufficiency.

IRB (Institutional Review Board): A committee/group that is given the responsibility by an institution to review research projects involving human subjects. The purpose and role of the IRB is to assure the protection and safety, rights and welfare of research participants (human subjects). *Example:* Institution and IRB approved grant proposal submitted to the NIH Institute of Nursing Research to request funding for a research study at your facility.

Learning Module: A Pediatric Endocrine course in a written, electronic, or video format. The module must include objectives, learning activities and competency evaluation (post-test, return demonstration, etc.).

Example: During RN orientation, you are asked to complete a written learning course on the Pediatric Endocrine policies and successfully pass a written test on the subject.

Multidisciplinary Pediatric Endocrine Service: Establishing a Pediatric Endocrine practice that includes various disciplines. For example: a team consisting of a Pediatric Endocrine nurse, a physical therapist, a Pediatric Endocrine physician, and a psychologist, etc., who are involved in caring for endocrine patients.

Patient Education Tool: Factual information developed and written for patients.

Example: You develop a one page handout on “How to administer Growth Hormone Injections”

Professional Practice: Courses or activities, other than topics clinically related to Pediatric Endocrine, that impact or enhance the role of a Pediatric Endocrine nurse.

Examples: “Marketing Your Business,” “Legal Issues,” “Integrating Technology into your Practice,” “Preceptor Workshop,” “Outpatient Billing/Reimbursement,” or any of the professional practice courses offered at the PENS National Conference.

Quality Improvement Project: An activity in which a problem is identified, solutions to the problem are identified, and a corrective program is implemented. After an initial period of utilizing the program, the solutions are reevaluated to identify the results and success of the program. *Example:* Through chart audits you find that low blood sugars re-assessments are not being charted consistently and correctly on patient records. You develop a “Low Blood Sugar Re-assessment Documentation Record” that provides nurses with a rational guideline after either pharmacological or nutritional Pediatric Endocrine interventions. After in-servicing the form and using it for three months an audit is performed and shows that correct documentation was found on 90% of the charts.

Reviewing Textbook, Chapter, Journal Article: Analyzes content related to Pediatric Endocrine practices.

Revising an Education Program: The program must have revisions of content, and updated references of no later than five years.

Pediatric Endocrine Nursing Service: Establishing a Pediatric Endocrine nursing practice in which the Pediatric Endocrine nurse is responsible for the Pediatric Endocrine issues within a healthcare setting. *Example:* You take a newly created hospital position as a Pediatric Endocrine nurse. Your responsibilities are to define your Pediatric Endocrine nursing role and responsibilities, establish the hospital's policy and procedures for Pediatric Endocrine.

Sample Point Distribution

Acceptable Point Distribution: The sample application (below) would be acceptable because it meets the minimum requirement of 50 Points that directly relate to Pediatric Endocrine and total 100 points to complete the Nurse Portfolio.

Since this point requirement was met, the other activities are acceptable.

Category	Activity	Points Claimed
A (Continuing Ed)	Pediatric Thyroid Disorders	5 Related to Pediatric Endocrine Care
A (Continuing Ed)	Nursing Care of the Child with Growth Failure	5 Related to Pediatric Endocrine Care
A (Continuing Ed)	Pharmacological Therapy for Pediatric Diabetes	5 Related to Pediatric Endocrine Care
A (Continuing Ed)	Complementary and Alternative Strategies for Pediatric Endocrine Nursing	5 Related to Pediatric Endocrine Care
B3 (Project)	Established Pediatric Endocrine Task Force	5 Related to Pediatric Endocrine Care
C1 (Research)	Develop Study Proposal	25 Related to Pediatric Endocrine Care
D14 (Publication)	Journal: Self-Management Strategies for Type 1 Diabetes	15 Related to Pediatric Endocrine Care
D12 (Publication)	Newsletter Editor for Nursing Association	10 Related to Professional Practice
E-1 (Teaching)	Presentation: Pediatric Endocrine Nursing at state meeting	4 Related to Pediatric Endocrine Care
E-1 (Teaching)	Presentation: Pediatric Endocrine management for the school nurse	4 Related to Pediatric Endocrine Care
F6 (Professional Org.)	Education Committee Member PENS	2 Related to Professional Practice
G (Academic)	Research and Statistics Course	15 Related to Professional Practice
TOTAL POINTS		100 (60 directly related and 40 Professional Practice)

Unacceptable Point Distribution

In the unacceptable sample below, there are only 28 Points that directly relate to Pediatric Endocrine, rather than the mandatory 50 points. The professional organization activities and academic course would have been accepted for Points if the application would have contained a minimum of 50 Points that directly related to Pediatric Endocrine.

Category	Activity	Points Claimed
A (Continuing Ed)	Pediatric Thyroid Disorders	5 Related to Pediatric Endocrine Care
A (Continuing Ed)	Nursing Care of the Child with Growth Failure	5 Related to Pediatric Endocrine Care
A (Continuing Ed)	Creating a Business Plan	10 CEs Related to Professional Practice
A (Continuing Ed)	Pediatric Office Billing	10 CEs Related to Professional Practice
A (Continuing Ed)	Nursing and Medicaid Billing	10 CEs Related to Professional Practice
B6 (Project)	Quality Improvement Project of Diabetes Care	10 Related to Pediatric Endocrine Care
C4 (Research)	Data Collection and Analysis Role of the Pediatric Endocrine Nurse	10 Related to Professional Practice
D12 (Publication)	Newsletter Editor for PENS	10 Related to Professional Practice
E-1 (Teaching)	Presentation: Research Process	4 Related to Professional Practice
E-1 (Teaching)	Presentation: Care of Pediatric Endocrine patients	8 Related to Pediatric Endocrine Care
F6 (Professional Organization)	Education Committee Member for PENS	2 Related to Professional Practice
G (Academic)	Research and Statistics Course	15 Related to Professional Practice
TOTAL POINTS		100 (28 Related to Pediatric Endocrine Care and 72 Professional

Fee and Application Process

The applicant must submit the following by the postmark deadline:

- Completed application (including point logs and verification forms – typed or computer generated.)
- Fees:
 - Initial Nurse Recognition \$350 (PENS Members), \$490 (Non-members)
 - Renew-Nurse Recognition Application \$150

You are advised to keep a copy of your application and materials. PENS Practice Commission is not responsible for correspondence lost in the mail. It is advisable to send your application materials by traceable means that require a signature such as UPS or Federal Express. NOTE: Certified mail is only traceable when you request and pay for tracking.

Send all recognition materials and direct your inquiries to:

PENS
Attn: Nurse Portfolio Program
4400 College Blvd
Suite 220
Overland Park, KS 66211

Application Review Process

The entire application review process may take up to 60 days from date of receipt. If you have not received notification within 90 days, please contact the PENS Executive Office. Only completed applications will be reviewed. Applications will be accepted twice a year. Please see web site for open application periods. Successful applicants will receive a certificate and may use the title "Pediatric Endocrine Nurse (PEN)."

Application for PENS Nurse Practice Recognition (Nurse Portfolio)

Complete this application and submit with:

- Copy of active RN licensure (if applicable)
- Copy of most recent performance evaluation **OR** peer review letter of recommendation
- Curriculum Vitae, including current position summary reflective of practice duties and responsibilities
- Check or money order, payable to the PENS
- If paying by credit card, please use the credit card payment form (page 34)

Mail application, payment and materials to:

PENS
Attn: Nurse Portfolio Program
4400 College Blvd
Suite 220
Overland Park, KS 66211

Fees: \$350 (PENS Members), \$490 (Non-members)

Name: _____ Member ID: _____

Preferred Address: _____

City, State, Zip: _____

Telephone: Work: _____ Home: _____

E-mail: _____

Licensure: RN State _____ APRN State _____

Education (check all that apply):

Diploma Associate BA BSN MSN DNP PhD BS MS Other _____

Practice Setting (check all that apply):

Acute Homecare Outpatient Extended Care Industry
 Private Education Administration Research

Years in nursing: _____ Years as Pediatric Endocrine nurse: _____

I attest that all statements on this application are true. If statements are found to be false, certification may be suspended or revoked. *(Signature required below)*

Signature: _____ Date: _____

Nurse Portfolio Program Points Log: Complete the attached point logs to document your 100 points for which you are seeking recognition, along with the appropriate verification forms for each activity category submitted.

NOTE: Applicants are not to submit points for additional activities beyond this level. When a packet contains an excess of points, the first 100 points will be reviewed by commissioners.

PEDIATRIC ENDOCRINE POINT LOG

Name: _____

NOTE: All Pediatric Endocrine related activities are to be listed on this point log and submitted along with the appropriate verification forms for each activity. Include the total Pediatric Endocrine related contact hour points on this log, and then use verification form A to list each course title individually.

Category	Activity	Description	Date(s)	Total Point	<input type="checkbox"/> Check here
A	1	<i>EXAMPLE: Total CEs (Use verification form A to list CE course titles individually.)</i>	2011	30	
					<input type="checkbox"/> Verification Form Attached
					<input type="checkbox"/> Verification Form Attached
					<input type="checkbox"/> Verification Form Attached
					<input type="checkbox"/> Verification Form Attached
					<input type="checkbox"/> Verification Form Attached
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					<input type="checkbox"/> Verification Form Attached
					<input type="checkbox"/> Verification Form Attached
					<input type="checkbox"/> Verification Form Attached
					<input type="checkbox"/> Verification Form Attached
Total Points for Pediatric Endocrine					

(Copy as needed)

INSTRUCTIONS/WORKSHEET ACTIVITY CATEGORY A: CONTINUING EDUCATION

A minimum of 20 points must come from CEs, **This minimum requirement of 20 points must directly relate to pediatric endocrinology and the course must be a clinical focus. A maximum of 40 Points from CEs is allowed.**

When submitting greater than the required 20 Points; one half of those Points submitted for CE activity must apply directly to the clinical specialty. For example, if 40 points are submitted, 20 points must relate directly to Pediatric Endocrine clinical practice, and 20 points may be obtained in topics related to professional issues, which are directly related to the practice of Pediatric Endocrine nursing. Examples of professional practice topics would be “Pediatric Endocrine Legal Issues,” “Preceptor Workshop,” and “Marketing Your Business” to name a few. Continuing Education (CE) points related to such topics as domestic violence, safety, HIPPA, CPR, etc., are not acceptable because they are not specific to Pediatric Endocrine practice.

When claiming continuing education points for this category, the specific course title must be specified. Packets submitted with a general conference title will not be accepted. For example, listing the “PENS National Conference” is unacceptable. Each lecture attended must be listed separately to determine relevancy to the specialty, e.g. “Pharmacologic Agents for Pediatric Diabetes,” “Thyroid Disorders in Pediatrics,” or “Self-Care in Type 1 Diabetes in Children.”

ACCEPTABLE ACTIVITIES

1. Attendance at continuing education programs offered/sponsored by accredited or approved providers. Programs must be approved for contact hours by a recognized accrediting body, such as a state nursing association, the American Nurses Credentialing Center, American Academy of Nurse Practitioners, or other professional association.
2. Completion of home study or self-study programs that have been approved for contact hours as stated in number one, above.

Contact Hour (CME or CNE) = 60 minutes = 1 Point

DOCUMENTATION REQUIRED IF AUDITED

The PENS Practice Commission reserves the right to selectively audit Nurse Portfolios and request documentation of programs attended, CE’s awarded, or educational offerings provided by the applicant.

1. Certificate of attendance or completion that includes your name, date, program title, and the number of contact hours awarded.

– Or –

2. Complete the audit form for this activity.
A maximum of 40 Points per specialty will be awarded for this category for each five-year recognition renewal period.

**VERIFICATION FORM
CATEGORY A
CONTINUING EDUCATION ACTIVITY**

FOR OFFICE USE ONLY:	
Reviewed:	_____ _____
Points Assigned:	_ _____
Category:	_____ _____
Date:	_____ _____

Name: _____

1. Minimum of 20 points **directly related** to Pediatric Endocrine nursing required. Maximum of 40 points.
2. Point calculation: 1 point for each CE or contact hour.
3. List individual educational session/course titles separately. Do not list as “conference” with the total CEs. (Total CEs are to be provided on Point Log.)

Program Date(s)	Title of Session/Course	Session/Course Provider	Approved Accrediting Organization	Hours or points	Specify if points are Professional Practice or Pediatric Endocrine related	
6/2012	Example: Cases in Endocrine Care	PENS	PENS	3		PE
8/2011	Example: Management of Thyroid disorders in children	PENS	Ohio Nurses Association	3		PE
9/2010	Example: Creating a Business Plan	SB University	NYS Nursing Association	5	PP	
Total Points						
<i>(Transfer this total to Point Log)</i>						

**INSTRUCTIONS/WORKSHEET
ACTIVITY CATEGORY B: PROGRAM OR PROJECT ACTIVITIES**

A minimum of 10 points are required from category B and must be included in your Nurse Portfolio. A maximum of 40 points are allowed. Activities in this category more clearly demonstrate the achievement of advancing practice and include more complex activities requiring multiple steps for completion and/or significant preparation. This is reflected in the larger number of points assigned to these activities. Some of these activities may be performed due to employer directives but some are independent of employment status. To receive points in this category, you must have had the primary responsibility for developing, implementing and evaluating the program, conducting the project, or case.

You may be awarded points for activities submitted that are repeated, but only if the topic content clearly has been altered to meet the needs of the learner.

Please refer to “Definitions of Terms” on pages 6-7 for complete description and examples of activities.

Acceptable ActivitiesPoints Awarded

B1. Establishing a Pediatric Endocrine nursing service*	
Writing a proposal	10 points
Developing initial policies and procedures++.....	10 points
Developing a billing procedure	10 points
B2. Establishing a Pediatric Endocrine multidisciplinary* service	
Writing a proposal	10 points
Developing initial policies and procedures ++.....	10 points
Developing a billing procedure	10 points
B3. Team/Committee/Task Force focused on Pediatric Endocrine	
Establish	5 points
Chair	5 points
Member	2 points
B4. Establishing an independent (self-employed) Pediatric Endocrine nursing practice or consulting business.....	
	25 points per recognition period

**Please refer to “Definitions of Terms” on pages 6-7 for complete description and examples of activities. ++Can be applied as research activities*

INSTRUCTIONS/WORKSHEET
ACTIVITY CATEGORY B: PROGRAM OR PROJECT ACTIVITIES

Acceptable ActivitiesPoints Awarded

B5. Public health policy development ++20 points

Please summarize your public policy project by answering the following questions on the verification form:

- A. What was the clinical challenge?
- B. How was the challenge identified?
- C. What actions were implemented to address the project?
- D. Describe the evaluation process.
- E. What were the results of the project?

B6. Quality improvement (QI) project* ++10 points

Please summarize your QI project by answering the following questions on the Verification Form:

- A. What was the clinical challenge?
- B. How was the challenge identified?
- C. What actions were implemented to address the project?
- D. Describe the evaluation process.
- E. What were the results of the project?

B7. Clinical Pathway development * ++.....20 points

B8. Policy/procedures in existing practice ++

- Develop original.....5 points per policy (maximum 15 points)
- Revising existing3 points per policy (maximum 9 points)

**Please refer to "Definitions of Terms" on pages 6-7 for complete description and examples of activities. ++ Can be applied as research activities*

**INSTRUCTIONS/WORKSHEET
ACTIVITY CATEGORY B:PROGRAM OR PROJECT ACTIVITIES**

Acceptable ActivitiesPoints Awarded

- B9. Competency based tools*
 - Original.....5 points (maximum 15 points)
 - Revised3 points (maximum 9 points)
- B10. Collection and analysis of outcome data or case study data ++10 points
(Derived from clinical practice, and not part of a formal research project)
- B11. Grant Activities* (non-research based)10 points
(e.g., grant money for educational development; or to obtain equipment)
- B12. Prevalence and/or Incidence Study.....5 per study (maximum 10 points)
- B13. Expert consultation on a legal case related to Pediatric Endocrine patient10 points per case
- B14. Item writing for a certification exam10 points for term of service
- B15. Arranging a Product Fair5 points
- B16. Product Formulary ++
 - Developing10 points
 - Revising.....5 points
- B17. Webmaster (electronic information systems related to Pediatric Endocrine nursing)
 - Develop10 points per website
(maximum 20 points per cert.)
- B18. Standardized Care Plans ++.....5 points (maximum 15 points)

**Please refer to “Definitions of Terms” on pages 6-7 for complete description and examples of activities. ++Can be applied as research activities*

Documentation Required

- #B1-10, B12 and B15-18: Submit documentation to substantiate the activity.
- #B11: Copy of letter of approval (IRB or equivalent)
- #B13: Present a letter from the law firm for whom the consultation was performed.
- #B14: Letter from the Exam Committee Liaison at end of term.

**VERIFICATION FORM
CATEGORY B
PROGRAM / PROJECT ACTIVITIES**

FOR OFFICE USE ONLY:

Reviewed: _____|_____

Points Assigned: _____|_____

Category: _____|_____

Date: _____|_____

Name: _____

A minimum of 10 points are required from Category B and must be included in your Nurse Portfolio. A maximum of 40 points are allowed.

Check one activity number: B1 B2 B3 B4 B5 B6 B7 B8 B9 B10

(From pages 14-16)

B11 B12 B13 B14 B15 B16 B17 B18

Complete this form for **each program or project**.

1. Title

2. Date activity completed: _____

3. Summarize purpose and/or assessment of need for program, project, or case as it relates to pediatric endocrinology.

4. Provide an overview of the implementation of program / project as it relates to pediatric endocrinology.

5. Evaluation of program / project (implications for clinical practice) as it relates to pediatric endocrinology.

6. For activity B-6, please summarize your QI project by answering these additional questions on the Verification Form:

- A. What was the clinical challenge?
- B. How was the challenge identified?
- C. What actions were implemented to address the project?
- D. Describe the evaluation process.
- E. What were the results of the project?

Points claimed for this activity: _____
(Transfer this total to Point Log)

INSTRUCTIONS/WORKSHEET
CATEGORY C: RESEARCH ACTIVITIES

A minimum of 10 points are required from Category C and must be included in your Nurse Portfolio. A maximum of 40 points are allowed.

The Pediatric Endocrine nurse carries with it an understanding that the RN in specialty practice can demonstrate knowledge application evidenced by an ability to translate research into their practice, improve current practice and outcomes based upon evidence and if the opportunity presents itself, participate in research related activities as either a primary investigator or secondary participant. Thus it is a requirement of the Pediatric Endocrine Nurse Portfolio to demonstrate such activity in one of two ways. To earn the required 10 points to apply as research points, the activity must show evidence of the participation in or application of research that improves current practice and/or patient outcomes.

Participation In Research

- I. To receive Points in Category C, you must have served as the principal or co-investigator, author or co-author of a study proposal / grant, or had the primary responsibility for a research activity such as collecting/analyzing data. Research activities must relate to the care of the Pediatric Endocrine patient and must be Institutional Review Board (IRB) approved or equivalent.

Acceptable Activity.....	Points Awarded
C1.Developing a study proposal.....	25 points
C2.Grant writing.....	25 points
C3.Developing or testing of a research tool.....	20 points
C4.Data collection and analysis.....	10 points
C5.Writing a report of research finding(s)	10 points

Documentation Required

- A copy of the study proposal.
- A copy of grant application.
- A copy of the research tool.
- Submit documentation to substantiate the activity.
- A copy of the research report.

- OR -

INSTRUCTIONS/WORKSHEET

CATEGORY C: RESEARCH ACTIVITIES

Application of Research

II. To receive the required research points, a candidate must complete one of the following activities from category B or D. Please note that you must have unique activities in each of the categories (B, C and D). It is expected these activities would include a thorough literature review and reflect translation of research into practice. Refer to category B or D for details, including documentation required if audited.

Acceptable Activity.....Points Awarded

- (C) B1. Establishing a Pediatric nursing service: Developing initial policies and procedures10 points
- (C) B2. Establishing a Pediatric Endocrine multidisciplinary service: Developing initial policies and procedures.....10 points
- (C) B5. Public health policy development20 points
- (C) B6. Quality improvement (QI) project*10 points
- (C) B7. Clinical Pathway development *20 points
- (C) B8. Policy/procedures in existing practice
 - Develop original.....5 points per policy (maximum 15 points)
 - Revising existing3 points per policy (maximum 9 points)
- (C) B10. Collection and analysis of outcome data or case study data 10 per specialty (Derived from clinical practice and not part of a formal research project.)
- (C) B16. Product Formulary
 - Developing10 points per specialty
 - Revising.....5 points
- (C) B18. Standardized Care Plans5 points (maximum 15 per specialty)
- (C) D1. Textbook: Author or co-author30 points
- (C) D2. Chapter: Author or co-author20 points
- (C) D3. Peer-reviewed Journal Article: Author or co-author15 points
- (C) D4. Case Study: Author or co-author5 points (maximum 10 per specialty)

**Please refer to “Definitions of Terms” on pages 6-7 for complete description and examples of activities.*

**VERIFICATION FORM
CATEGORY C:
RESEARCH ACTIVITIES**

FOR OFFICE USE ONLY:

Reviewed: _____|_____

Points Assigned: ___|_____

Category: _____|_____

Date: _____|_____

Complete this form for **each activity** from Category (C) B.
(From page 19)

Name: _____

A minimum of 10 points are required from Category C and must be included in your Nurse Portfolio.
A maximum of 40 points are allowed.

Check an activity number: (C) B1 (C) B2 (C) B5 (C) B6 (C) B7
 (C) B8 (C) B10 (C) B16 (C) B18

Complete this form for **each program or project** from Category (C) B. You may not count a single activity for both of these categories. For example, if you use a publication for B, you must have a different publication or activity under research.

1. Date activity completed: _____
2. Describe the purpose for the program or project, as it relates to the nursing specialty area.
3. Summarize the results of the review of literature that supported the project. Supply a reference list.
4. Provide an overview of the implementation of program / project as it relates to nursing specialty area.
5. Describe how the project improved practice or patient outcomes.

Points claimed for this activity: _____
(Transfer this total to Point Log)

**VERIFICATION FORM
CATEGORY C:
RESEARCH ACTIVITIES**

FOR OFFICE USE ONLY:	
Reviewed:	_____ _____
Points Assigned:	_ _____
Category:	_____ _____
Date:	_____ _____

Complete this form for **each activity** from Category (C) D.
(From page 19)

Name: _____

A minimum of 10 points are required from Category C and must be included in your Nurse Portfolio. A maximum of 40 points are allowed.

Check an activity number: (C) D1 (C) D2 (C) D3 (C) D4

	EXAMPLE	FILL IN YOUR ACTIVITY DESCRIPTION HERE
Date of Publication	January 2012	
Title of Work / Publication	Example: Promoting Self-care in Children with Diabetes	
Synopsis of Material	Article written that presents current evidenced based self-care of diabetes in children.	
Type of Work (Book, Chapter, Journal)	Peer reviewed journal article	
Published In	Pediatric Nursing	
Objectives	<ul style="list-style-type: none"> • Provide clinicians with research based evidence to increase access strategies for self-care in diabetes in children • Review available technologically enhanced tools for self-care 	
Content Outline	<ul style="list-style-type: none"> • Importance of self-care • Barriers to diabetes self-care • Strategies to increase self-care of diabetes • Technological advances for self-management strategies for diabetes care 	
		POINTS CLAIMED FOR THIS ACTIVITY _____ <i>(Transfer this total to Point Log)</i>

(Copy as needed)

**VERIFICATION FORM
CATEGORY C:
RESEARCH ACTIVITIES**

FOR OFFICE USE ONLY:	
Reviewed:	_____ _____
Points Assigned:	__ _____
Category:	_____ _____
Date:	_____ _____

Name: _____

A minimum of 10 points are required from Category C (from page 18) and must be included in your Nurse Portfolio. A maximum of 40 points are allowed.

Check an activity number: C1 C2 C3 C4 C5

Date activity completed: _____

1. Define role in research activity:

2. Describe the research activity:

Points claimed for this activity: _____
(Transfer this total to Point Log)

INSTRUCTIONS/WORKSHEET
CATEGORY D: PUBLICATION ACTIVITIES

A minimum of 10 points are required from category D and must be included in your Nurse Portfolio. A maximum of 50 points are allowed. You must be the author or co-author or contributor of these activities, and have completed them during your last five-year period. All publications must relate to the practice of Pediatric Endocrine nursing.

Acceptable ActivitiesPoints Awarded

D1. TEXTBOOK

- A. Author or co-author ++..... 30 points
- B. Editing..... 25 points
- C. Reviewing* content..... 15 points

D2. CHAPTER

- A. Author or co-author ++..... 20 points
- B. Contributing*..... 10 points
- C. Reviewing*..... 15 points

D3. JOURNAL ARTICLE

- A. Author or co-author ++..... 15 points
- B. Reviewing (Peer Reviewed)..... 5 points

D4. CASE STUDY Author or co-author ++..... 5 points (maximum 10 per specialty)

D5. ABSTRACT Author or co-author..... 5 points

D6. EDITORIAL Author or co-author..... 3 points

D7. NEWSLETTER

- A. Editor..... 10 points
- B. Contributor* of article..... 3 points

D8. OTHER PUBLICATIONS

(e.g., newspaper article, best practice document reviewer) 3 points

INSTRUCTIONS/WORKSHEET
CATEGORY D: PUBLICATION ACTIVITIES

DEVELOPMENT OF ORIGINAL EDUCATION TOOLS

- D9. Developing a healthcare professional fact sheet *.....5 points (maximum 10 points)
- D10. Develop patient education tool*.....5 points (maximum 10 points)
- D11. Develop original learning module*..... 10 points
- D12. Writing brochure / pamphlet *..... 5 points (maximum 10 points)
- D13. Create Pediatric Endocrine Documentation Form (*Electronic or paper forms created to chart endocrine patients progress*)
- Original..... 5 points (maximum 15 per cert period)
- Revise 3 points (maximum 9 per cert period)

**Please refer to “Definitions of Terms” on pages 6-7 for complete description and examples of activities. ++Can be applied as Research Activities*

Documentation Required

1. Submit documentation to substantiate the activity:
 - a. A copy of short publications (e.g., journal article, book chapter, fact sheet, brochure, etc.).
 - b. For longer publications (e.g., textbook) – a copy of the title page, page showing date of publication, and table of contents page where the certificant’s name is listed as an author.

**VERIFICATION
FORM CATEGORY D
PUBLICATION
ACTIVITY**

FOR OFFICE USE ONLY:	
Reviewed:	_____ _____
Points Assigned:	__ _____
Category:	_____ _____
Date:	_____ _____

Name: _____

A minimum of 10 points are required from Category D and must be included in your Nurse Portfolio. A maximum of 50 points are allowed.

Activity Area: D1 D2 D3 D4 D5 D6 D7

D8 D9 D10 D11 D12 D13

Complete a separate form for **each** activity/publication.

	EXAMPLE	FILL IN YOUR ACTIVITY DESCRIPTION
Date of Publication	January 2013	
Title of Work/Publication	Example: Journal article: Vitamin D Deficiency in Children	
Synopsis of Material	Article written that presents current evidenced based interventions to prevent and treat vitamin D deficiency in children.	
Type of Work (Book, Chapter, Journal)	Peer reviewed article	
Published In	Pediatric Nursing	
Objectives	<ul style="list-style-type: none"> • Accurately diagnose vitamin D deficiency • Discuss effective strategies to treat vitamin D deficiency • Devise an effective treatment plan monitoring treatment 	
Content Outline	<ul style="list-style-type: none"> • Prevalence and incidence of vitamin D deficiency • Diagnosis of vitamin D deficiency • Prevention strategies • Treatment strategies • Effective diet and pharmacologic treatment 	
POINTS CLAIMED FOR THIS ACTIVITY _____ <i>(Transfer this total to Point Log)</i>		

INSTRUCTIONS/WORKSHEET

CATEGORY E: TEACHING ACTIVITIES

A minimum of 10 points are required from Category E and must be included in your Nurse Portfolio. A maximum of 50 points are allowed.

To receive Points, teaching activities must occur in the classroom, clinical area or a combination of these settings. You must be the instructor with a structured framework of teaching/learning. You will not receive additional Points for repeating presentations/lectures, etc., unless the content clearly has been altered.

Acceptable Activity	Points Awarded
E1. Presentations/lectures	1 point per 15 minutes of presentation
E2. Professional conference presentation/lecture/workshop.....	5 points for each CEU offering
E3. Primary author of conference poster presentation	5 points
E4. Preceptor for Pediatric Endocrine, DNP students, or nursing students.....	1 point for every 8 hours of Precepting (maximum 30 points per application period)
E5. Clinical education of nursing/medical professionals	1 point for every 8 hours of time (i.e., mentoring, orientation, job shadowing for nurses, residents, interns, physicians, PT, NP, CNS, PA)
E6. Expert consultation at a medical event	1 point (maximum 3 points) (i.e., health fair, screening clinic, supplier clinic, product fair)

Preceptees may include:

- Resident/Interns/Physicians
- Physical Therapists
- Physician's Assistants
- Pediatric Endocrine Nurses
- Graduate/Doctoral Nursing Students
- Nurse Practitioners/Clinical Nurse Specialists

Documentation Required

Submit documentation to substantiate teaching activity.

Examples:

- Presentation or lecture – completed sign-in sheet, brochure or letter of agreement.
- Poster presentation – proof of acceptance of the poster.
- Precepting – letter of agreement or written validation of precepting experience.

**VERIFICATION FORM
CATEGORY E-1, E-2 AND E-6 TEACHING ACTIVITIES
(PRESENTATIONS / LECTURES)**

FOR OFFICE USE ONLY:	
Reviewed:	_____ _____
Points Assigned:	__ _____
Category:	_____ _____
Date:	_____ _____

Name: _____

A minimum of 10 points are required from Category E and must be included in your Nurse Portfolio. A maximum of 50 points are allowed.

Check Activity Number E1 E2 E6

Complete a separate form for **each** teaching activity.

Title: _____

Date Offered: _____

Objectives (list 3):

Summary of Teaching Content:

Evaluation Method:

Length of offering (in minutes): _____ divided by 15 = _____ Points

Number of contact hours offered: _____ multiplied by 10 = _____ Points

(Copy as needed)

POINTS CLAIMED FOR THIS ACTIVITY _____
(Transfer this total to Point Log)

**VERIFICATION FORM
CATEGORY E-3
POSTER PRESENTATIONS**

FOR OFFICE USE ONLY:

Reviewed: _____| _____

Points Assigned: _____| _____

Category: _____| _____

Date: _____| _____

Name: _____

A minimum of 10 points are required from Category E and must be included in your Nurse Portfolio. A maximum of 50 points are allowed.

Complete a separate form for **each** poster presentation.

Title of poster presentation: _____

Where presented: _____

When presented: _____

POINTS CLAIMED FOR THIS ACTIVITY _____
(Transfer this total to Point Log)

(Copy as needed)

**VERIFICATION FORM
CATEGORY E-4 and E-5
PRECEPTING ACTIVITIES**

FOR OFFICE USE ONLY:

Reviewed: _____|_____

Points Assigned: _____|_____

Category: _____|_____

Date: _____|_____

Name: _____

A minimum of 10 points are required from Category E and must be included in your Nurse Portfolio. A maximum of 50 points are allowed.

Check activity number: E4 E5

Complete a separate form for **each** precepting activity.

I affirm that I have served as a preceptor for:

(Institution Name)

Number of students: _____

Type of student: _____

Total hours: _____ divided by 8 = _____ Total Points (other nursing/medical professionals)

POINTS CLAIMED FOR THIS ACTIVITY _____

(Transfer this total to Point Log)

(Copy as needed)

**VERIFICATION FORM
CATEGORY E-4 and E-5
Preceptor Documentation**

FOR OFFICE USE ONLY:

Reviewed: _____|_____

Points Assigned: _____|_____

Category: _____|_____

Date: _____|_____

Preceptor: _____

Institution: _____

To be completed by faculty coordinating the preceptorship.

The individual named above has completed _____ hours of preceptorship in the areas of:

Name of educational institution and program (E.g. XX University, Pediatric Endocrine Program)

The dates for the preceptorship were: _____ to: _____

Faculty Coordinator: _____

Educational Institution/Program: _____

Address: _____

Phone: _____

Faculty Signature: _____ Date: _____

POINTS CLAIMED FOR THIS ACTIVITY _____
(Transfer this total to Point Log)

(Copy as needed)

**VERIFICATION FORM
CATEGORY F
PROFESSIONAL ORGANIZATION
INVOLVEMENT**

FOR OFFICE USE ONLY:

Reviewed: _____| _____

Points Assigned: _____| _____

Category: _____| _____

Date: _____| _____

Name: _____

No minimum number of points required for this category; maximum of 50 points allowed.

Acceptable Activity	Name of Office, Task Force, Committee, or Organization	# of Years Serve	Points per Year	Total Points
Professional Nursing Organizations				
F1. Officer at a national level			20	
F2. Committee or task force chair at a national level			15	
F3. Officer at the regional/ state level			7	
F4. Officer at the affiliate/ local level			5	
F5. Committee member at the national level			5	
F6. Committee or task force chair at the regional/ state/affiliate/local level			2	
F7. Committee member at the regional/state/ affiliate/local level			2	
Total Points <i>(Transfer this total to Point Log)</i>				

Participating in national/regional/state/affiliate and local professional nursing organizations related to the Pediatric Endocrine specialty provides a mechanism for contributing to growth of the specialty and is designated for points. Participation in other nursing specialty organizations whose mission is directly related to the care and/or support of Pediatric Endocrine patients is also acceptable for points. Examples of these acceptable organizations are the Pediatric Endocrinology Nursing Society (PENS), Pediatric Endocrine Society (PES), American Diabetes Association (ADA), and other international societies may be approved on a case by case basis. Points are awarded for each year of office served and can be used for points only in the specialty for which the organization is noted. Serving on institutional or agency committees is not acceptable for earning points.

Public health policy activities may involve representation of professional organizations at the national, regional or state level, e.g. participation in consensus groups meetings, testimony for regulatory bodies, and development of documents related to public health policy decisions (copy as needed).

**VERIFICATION FORM
CATEGORY G
ACADEMIC EDUCATION / CERTIFICATION**

Name: _____

FOR OFFICE USE ONLY:	
Reviewed:	_____ _____
Points Assigned:	__ _____
Category:	_____ _____
Date:	_____ _____

No minimum number of points required for this category; maximum of 50 points allowed.

Acceptable ActivityPoints Awarded

G1.Initial Nursing National Certification25 Points

G2.Maintaining Nursing National Certification25 Points

G3.Academic Education.....5 points for each semester credit hour earned

College credits must be from an accredited college or university. Credits must relate to nursing, or be credits related to health care, management, teaching or the biopsychosocial knowledge base of human services.

Examples of acceptable courses:

Physical Assessment, Pharmacology, Anatomy and Physiology, Business, Ethics, Education classes (e.g. Adult Learning Theory), Health Care Management.

Activity Number	School or Activity	Date	Semester / Quarter	Credit Hours	Points
Total Points <i>(Transfer this total to Point Log)</i>					

Documentation required

- Submission of transcripts

**INSTRUCTIONS/WORKSHEET
CATEGORY H: PRE-APPROVAL FOR PROJECTS/ACTIVITIES NOT DEFINED**

Instructions:

Projects and activities not defined in the Professional Growth Program Handbook must be submitted to the PENS Practice Commission for pre-approval. The request for pre-approval may be sent any time within the certification period, but must be at least one (1) month prior to application deadline. The PENS Practice Commission will review the request for pre-approval and make a decision of acceptability. It is required you use this pre-approval form to summarize the project or activity. Other documentation is not acceptable.

FOR OFFICE USE ONLY:
Reviewed: _____ _____
Points Assigned: _____ _____
Category: _____ _____
Date: _____ _____

**VERIFICATION
CATEGORY H
PRE-APPROVAL FOR PROJECTS / ACTIVITIES NOT DEFINED**

Name: _____ Date: _____

Category: _____

Complete this form for each project or activity.

1. Date activity completed: _____
2. Summarize activity as it relates to specialty area.
3. Provide an overview of the implementation of program / project as it relates to specialty area.
4. Evaluation of program / project (implications for clinical practice) as it relates to specialty area.

POINTS CLAIMED FOR THIS ACTIVITY _____
(Transfer this total to Point Log)

Practice Nurse Portfolio Credit Card Payment Form

Credit card payments must be submitted either by fax, or mailed in. Credit card payments cannot be accepted electronically. (Do not email)

Fees:

Initial Practice
Recognition:

\$350 (PENS Members)

\$490 (Non-members)

Renew Recognition Application: \$150

If payment is by credit card, complete the following:

American Express Discover MasterCard Visa

Name: _____ Member ID: _____

Card #: _____ Expiration: _____

Your Name as it appears on card: _____

Signature: _____ Date: _____