

Mastering the Skills of Appraising Research Evidence

What Do We Know about Transitioning Our Endocrinology Patients from Pediatric to Adult Care?

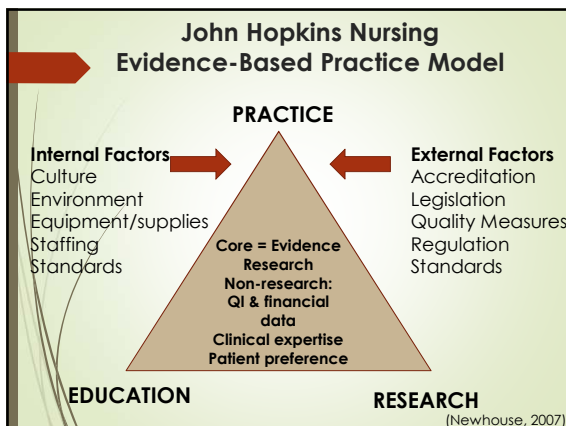
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Conflict of Interest Disclosure

Conflict(s) of Interest
 XX None
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A conflict of interest exists when an individual is in a position to profit directly or indirectly through application of authority, influence, or knowledge in relation to the affairs of PENS. A conflict of interest also exists if a relative benefits or when the organization is adversely affected in any way.



Johns Hopkins EBP Process

- *P Practice question
- *E Evidence
- T Translation

(Newhouse, 2007)

Triggers to Practice Questions

- Recognize a clinical problem
- Risk management or QI data
- Hospital quality data < National benchmarks
- New research information
- Changes in standards or guidelines of care

(Newhouse, 2007)

EBP Project Results

- Decisions about practice
- Intent is to improve:
 - Patient health outcomes
 - Organization systems
 - Staff education

(Newhouse, 2007)

Clinical Scenario

Currently in our clinic, we have no formal way to transition adolescents to adult care. When an adolescent seems "ready," we give them copies of recent medical records, a list of adult providers, and suggest that they make an adult clinic appointment.

We learned at a recent conference that several medical/nursing organizations call for a more organized approach to transition. The clinic director asked you to form an EBP group to determine best practice around transition.



Develop PICOT question

- Clearly state the problem / issue
- Make question as specific as possible

P = patient, population or problem
I = intervention
C = comparison group or intervention
O = outcome / results of intervention
T = timing of outcome or study period

(Newhouse, 2007)