



Program

Wednesday, May 16, 2018

Time

8:00 a.m. - 5:00 p.m.
6.5 Contact Hours*

Presentation/Event

Pre-Conference Workshop: H.A.N.D.S.SM
(separate registration and fee required)
A boxed lunch and all-day refreshments will be provided.

This workshop requires separate registration and additional fee. If the workshop does not achieve minimum registration, it is subject to cancellation. If cancelled, registration fees will be refunded in full.

- Summarize current knowledge and guidelines related to diabetes and diabetes management at school.
- Identify the school nurse's role in developing and maintaining a student's individualized healthcare plan for safe, effective diabetes management at school.
- Describe the management of hypoglycemia and hyperglycemia at school.
- Apply knowledge about blood glucose and ketone monitoring to managing diabetes at school.
- Describe the importance of nutrition and activity in diabetes management at school.
- Describe the role of insulin therapy in effective diabetes management at school.
- Identify issues unique to the school setting that can impact safe and effective diabetes management.
- Identify the key school personnel who will require education about diabetes management.
- Discuss regional considerations that relate to diabetes management at school.

Presenter(s)

Louise Laskaratos, FNPC, CDE, BC-ADM
Keisha Major, RN, BSN, MSN

H.A.N.D.S.SM is a one-day educational program developed by the National Association of School Nurses (NASN). Course materials include a H.A.N.D.S.SM Participant Manual and numerous resources to support school nursing practice as it relates to diabetes management in school-aged pupils. A completed evaluation and full day attendance are required to receive 6.5 CE contact hours.

Wednesday, May 16, 2018

Time

4:30 p.m. - 5:30 p.m.

Presentation/Event

New Member/First Time Attendee Orientation & Past Presidents Reception

Presenter(s)

5:30 p.m. - 7:30 p.m.

Welcome Reception in Exhibit Hall

Sponsored by

abbvie

Coffee, Tea, Water and Soft Drinks Provided

Thursday, May 17, 2018

7:30 a.m. - 8:00 a.m.

Breakfast

Breakfast Buffet Provided

8:00 a.m. - 9:00 a.m.

1.2 Contact Hours*

Keynote:

I'm Transforming as Fast as I Can...Please Send C.H.O.C.O.L.A.T.E.™

- Explain the C.H.O.C.O.L.A.T.E™ solution, a holistic model for the authentic use of self in nursing.
- Assess the effectiveness of current personal self-care practices. Create a playful play of self-care.
- Discuss the self-care of the nurse as an ethical standard for nursing practice.

Julia Balzer Riley, RN, MN, AHN-BC, REACE

9:00 a.m. - 10:00 a.m.

1.2 Contact Hours*

General Session 1:

Bridging the Gap Between Hospitalization and Re-entry into School for Students just Diagnosed with Diabetes: A Model Program

- Describe the SHNIC model program.
- Formulate a smaller version of the SHNIC program to meet their needs in the community they serve.
- Identify three strategies after the case scenario they would recommend based on the knowledge they received.

Barbara Obst, RN, BSN, MSED

10:00 a.m. - 10:30 a.m.

Refreshment Break in Exhibit Hall

Sponsored by



Coffee, Tea, Water and Soft Drinks Provided

10:30 a.m. - 11:30 a.m.

1.2 Contact Hours*

General Session 2:

Research Oral Presentations

- How Does Poverty Impact Childhood Obesity? A Summary of the Research and Implications for Clinical Practice
- Incidence and Preventative Strategies of Adrenal Crisis in Congenital Adrenal Hyperplasia
- Optimizing Lipid Screening For T1DM Patients in Diabetes Clinic

**Krista Schroeder, PhD, RN
Padmasree Veeraraghavan, BSN
Amy Moffett, MSN, RN, CPNP**

11:30 a.m. - 12:30 p.m.

1.2 Contact Hours*

General Session 3:

Pituitary Disorders

- Explain how to interpret pituitary laboratory studies.
- Describe common abnormalities seen on an MRI of the pituitary.

Discuss tumors that affect the pituitary.

Craig Alter, MD

Thursday, May 17, 2018

Time

12:30 p.m. - 2:00 p.m.

2:00 p.m. - 3:00 p.m.

*1.2 Contact Hours**

Presentation/Event

Lunch with Exhibitors

Concurrent Session 1:

1A (ENDO/ADV) *Mystery Cases*

- Identify systemic clues to endocrine disorders.
- Develop differential diagnoses to common endocrine chief complaints.

1B (DM/BAS) *Diabetes 101: Diagnosis & Tools*

- Explain the basics of DMT1 self care and pathophysiology.
- Describe treatment options and the risks and benefits of pump therapy vs injection therapy.
- Discuss different types of insulin, like Basal/Bolus and Mixed insulin and how they work.

1C (ALL) *Abstract Writing and Effective Project Dissemination*

- Describe the four PENS abstract submission types.
- Creation of a Project- Quality Improvement and Research.
- Construct a draft of an abstract.
- Describe how to disseminate your work.

3:00 p.m. - 3:30 p.m.

3:30 p.m. - 4:30 p.m.

*1.2 Contact Hours**

Refreshment Break in Exhibit Hall

Sponsored by



Coffee, Tea, Water and Soft Drinks Provided

Concurrent Session 2:

2A (ENDO/BAS) *Understanding The Journey: PCOS, Cushing's Disease, Panhypopituitarism to Endocrine Nurse*

- Identify the signs and symptoms of Cushing's Disease.
- Explain the impact of pituitary surgery on the lived experience.
- Describe how seemingly bad things have worked out for good in your own life journey.

2B (DM/ADV) *Using Diabetes Self-Management Education to Enhance Adolescent Transition*

- State the current needs of adolescent diabetes self-management behaviors and their effects on glycemic control.
- List three important components of an adolescent self-management transition education program.
- Identify three successful blood glucose reporting system options for adolescent management.

Presenter(s)

Craig Alter, MD

Shari Liesch, APNP, CDE

Carol Howe, PhD, RN, CDE
Sharron Close, PhD, MS, CPNP-PC

Rebecca Brooke, RN, BSN

Jessica Atkins, DNP, CNS, RN, CPNP-PC
Kristopher Britt, BSN, RN, CDE

Thursday, May 17, 2018

Time

3:30 p.m. - 4:30 p.m.
1.2 Contact Hours*

Presentation/Event

2C (ALL) *Writing for Publication*

- Discuss the knowledge and skills necessary for writing for newsletters, journals, and other nursing related publications.
- Identify a potential topic for publication based on your area of clinical expertise.
- Identify potential organizational resources within the work setting that can be accessed to achieve your publication goal.

Presenter(s)

Maureen Dever, MSN, CRNP, PPCNP-BC, CDE
Cecily Betz, PhD, RN, FAAN

4:40 p.m. - 5:40 p.m.
1.2 Contact Hours*

Concurrent Session 3:

3A (ENDO/BAS) *Hypoglycemia: Identifying, Managing, Diagnosing and Treating. Review of Recommendations from the Pediatric Endocrine Society*

- Explain how to identify hypoglycemia in neonates and children.
- Discuss challenges to identification of hypoglycemia in neonates and children.
- Discuss the components of a fasting study and why each aspect of a critical sample is crucial.
- Identify which neonates are at risk for hypoglycemia.
- Describe the process for monitoring infants identified as "at risk" for hypoglycemia.

Heather McNight-Menci, MSN, CRNP

3B (DM/ADV or BAS) *Type 2 Diabetes: Nutritional Excess or Food Insecurity*

- Explain the prevalence and severity of food insecurity in the United States.
- Discuss the impact of food insecurity on children (specific relation to obesity and Type 2 diabetes).
- Identify methods for assessing food insecurity and providing appropriate education to families.

Jennifer Hyland, RD, CSP, LD

3C (ALL) *Understanding PENS Portfolio Program*

- Describe the Pediatric Endocrine Professional Recognition Program.
- Explain the difference between professional recognition and certification.
- Discuss the process to meet professional recognition for the Pediatric Endocrine Nurse and Advance Practice-Pediatric Endocrine Nurse.

Kevin Lewis, DNP, ARNP, CDE

6:00 p.m. - 7:30 p.m.
1.8 Contact Hours*

Poster Reception



Sponsored by  Genentech
A Member of the Roche Group

Refreshments and Appetizers Provided

7:30 p.m. - 10:00 p.m.

Networking Night – On Your Own

Friday May 18, 2018

| Time | Presentation/Event | Presenter(s) |
|--|---|---|
| 8:00 a.m. - 9:00 a.m. | Awards Breakfast | <p style="text-align: center;"><i>Sponsored by</i> </p> <p style="text-align: right;"><i>Breakfast Buffet Provided</i></p> |
| 9:00 a.m. - 10:00 a.m. <i>1.2 Contact Hours*</i> | <p>General Session 4: <i>Our Trans[ition] Journey: Discuss the lived experience of gender transition for post pubertal young adults—the process, challenges, and lessons learned</i></p> <ul style="list-style-type: none"> • Describe at least three communication challenges faced during transition • Identify four or more ways patients are impacted while accessing healthcare • Elucidate five or more proactive actions to minimize trauma to transgender patients and their families | <p>Helen Turner, DNP, APRN, PCNS-BC Zac Turner</p> |
| 10:00 a.m. - 10:15 a.m. | Refreshment Break | <p style="text-align: center;"><i>Sponsored by</i> </p> <p style="text-align: right;"><i>Coffee, Tea, Water and Soft Drinks Provided</i></p> |
| 10:15 a.m. - 11:15 a.m. <i>1.2 Contact Hours*</i> | <p>General Session 5: <i>Translating Genetic Literacy into Pediatric Endocrine Nursing Practice</i></p> <ul style="list-style-type: none"> • Describe in lay language the function of a gene and chromosomal abnormality. • Identify ways to incorporate genetic literacy into a patient-centered approach. • Apply steps to enhance or improve genetic/genomic literacy across their nursing practice to promote comprehensive care of patients and families. | <p>Kate Davies, RN, Dip HE, BSc, MSc, NMP Andrew Dwyer, PhD, FNP-BC</p> |
| 11:30 a.m. - 12:30 p.m. <i>1.2 Contact Hours*</i> | <p>Concurrent Session 4:</p> <p>4A: (ENDO/ADV) Grave's Disease: Diagnosis, Treatment and Outcomes in Children</p> <ul style="list-style-type: none"> • Describe signs, symptoms and diagnostic criteria for Grave's disease. • Discuss current treatment options for Grave's disease. • Explain the current treatment guidelines for Grave's disease. | <p>Kevin Lewis, DNP, ARNP, CDE</p> |

Friday May 18, 2018

Time

11:30 a.m. - 12:30 p.m.
1.2 Contact Hours*

Presentation/Event

4B: (ALL) A Panel Discussion of Pediatric Pain Relating to Procedural Therapies - What Can We Do?

- Identify methods to effectively prepare pediatric patients for the painful procedures and diagnostic testing that they will need to endure in the management of their disease.
- Define a least 3 techniques/strategies to decrease needle phobia and distress related to procedures.
- Compare and contrast the effectiveness of these interventions used to prepare children and their families as to the chronicity of the management of endocrinopathies.
- Describe two ways that a provider can measure the success of implementing these interventions/strategies used in the child with procedure or needle phobia.
- Discuss the long term effects of early negative experiences relating to painful procedures in children and the relationship to chronic pain disorders.

Presenter(s)

Helen Turner, DNP, APRN, PCNS-BC
Elaine Carroll, RN, BSN
Deborah Ayres, The Avalon Foundation

12:30 p.m. - 1:30 p.m.

Membership Meeting/Lunch

Lunch Buffet Provided

1:30 p.m. - 2:30 p.m.
1.2 Contact Hours*

General Session 6: Children with Short Stature and Growth Failure: Heightism, Gender and Racial Disparities

- Explain the origin and impact of heightism.
- Identify gender disparities in the diagnosis and treatment of children with growth failure.
- Identify racial disparities in the diagnosis and treatment of children with growth failure.

Terri Lipman, PhD, CRNP, FAAN

2:30 p.m. - 2:45 p.m.

Refreshment Break

Sponsored by  arbor
PHARMACEUTICALS, LLC

Coffee, Tea, Water and Soft Drinks Provided

2:45 p.m. - 3:45 p.m.
1.2 Contact Hours*

Concurrent Session 5:

5A: (DM) Diabetes Case Studies

1. Complications in the Nonadherent Diabetic Patient
2. Home Is A Tent and Other Obstacles: Six-year-old admitted to hospital with new onset type 1 diabetes-could we, would we, and what we do differently?
3. Insulin Allergy-What Do You Do?

1. Maureen Dever, MSN, CRNP, PPCNP-BC, CDE
2. Linda Lau, PNP
3. Rebecca Crespi, MSN, CDE

Friday May 18, 2018

Time

2:45 p.m. - 3:45 p.m.
1.2 Contact Hours*

Presentation/Event

Presenter(s)

Concurrent Session 5:

5B: (ENDO/ADV) Name that Growth Issue: A Critical Approach to Diagnosing that "Common" Growth Problem

Megan Lessig, CRNP, MSN

- Discuss the varying approaches and differential diagnoses in a short stature evaluation.
- Describe what factors in a given case study trigger a deeper look at non-routine short stature.

5C: (ENDO/BAS) Using CGM for Non-diabetic Endocrine Issues – An Effective Weapon?

Veronica Brady, PhD, MSN, FNP-BC, BC-ADM, CDE

- Define hypoglycemia in children.
- Identify causes of hypoglycemia in children.
- Describe the use of CGM in the management of hypoglycemia.

4:00 p.m. - 5:00 p.m.
1.2 Contact Hours*

Concurrent Session 6:

6A: (ENDO) Endocrine Case Studies

1. 46, XY Female: A Case of Complete Androgen Insensitivity Syndrome (CAIS)
2. Hypophosphatasia: More Common than We Think?
3. The Diagnosis is Hyperinsulinism: The Details and Management Plan Depend on the Genetics

1. Michelle McLoughlin, MSN, CRNP, CPNP-AC
2. Mako Sather, MSN, CPNP
3. Heather McKnight-Menci, MSN, CRNP

6B: (DM/BAS) Continuous Glucose Monitoring: Beyond the Basics

Lisa Richards, CPNP-PC

- Discuss current CGM devices available and which patients would benefit from their use.
- Describe a targeted conversation to overcome objections to wearing CGM.
- Identify tips for troubleshooting the CGM technology and improving wearer comfort and options for improving length of wear.
- Discuss billing options and reimbursement/insurance approval to improve use in their practice.

6C: (ALL) PENS Position Paper on Bullying


Andrew Dwyer, PhD, FNP-BC

- Identify types of bullying that children and adolescents experience.
- Describe the impact that bullying has on health and wellbeing.
- Apply at least one screening question and at least one potential response to a bullying situation.

Friday May 18, 2018

| Time | Presentation/Event | Presenter(s) |
|------------------------|---|--------------|
| 5:00 p.m. - 6:00 p.m. | Endo Symposium: Environmental Influences and How They Affect Childhood Development Sponsored by  | TBD |
| 7:00 p.m. - 10:00 p.m. | Evening Event Sponsored by  Pack your flip flops or sandals and get ready to relax poolside for a beach themed evening where you will feel like you are on a tropical beach sipping your favorite cool beverage. Dinner is included and will be followed by some dancing under the stars! | |

Saturday May 19, 2018

| Time | Presentation/Event | Presenter(s) |
|---|--|--|
| 7:30 a.m. - 8:15 a.m. | Leadership Breakfast with Roundtables | <i>Breakfast Buffet Provided</i> |
| 8:15 a.m. - 9:00 a.m. | Committee Meetings | |
| 9:00 a.m. - 10:00 a.m. <i>1.2 Contact Hours*</i> | General Session 7: <i>A Vision of Wellness for Children Who Experience Emotional Trauma</i> <ul style="list-style-type: none"> • Define emotional and psychological trauma. • Identify specific factors that impact holism/wellness in children who experience emotional trauma. • Define grounded visionary and transformational process. • Describe how the presenter used this process 'transforming communication for children who have experienced trauma'. • Develop a personal action plan to contribute to the transformation of healthcare. | Elaine Carroll, RN, BSN |
| 10:00 a.m. - 10:15 a.m. | President's Address | Cheryl Switzer, MSN, RN, CPNP. CDE |
| 10:15 a.m. - 10:30 a.m. | Refreshment Break Sponsored by  | <i>Coffee, Tea, Water and Soft Drinks Provided</i> |

Saturday May 19, 21018

Time

10:30 a.m. - 11:30 a.m.
1.2 Contact Hours*

Presentation/Event

General Session 8: *Vitamin D in the 21st Century*

- Identify the risk factors of Vitamin D sufficiency/ insufficiency in children and adolescents.
- Explain effects of Vitamin D on skeleton and extra-skeleton system.
- Describe the partial physiology of Vitamin D deficiency in children and adolescents.
- Discuss recommendation for vitamin D supplementations in children, adolescents and adults.

Presenter(s)

Pisit Pitukcheewanont, MD

11:30 a.m. - 12:30 p.m.
1.2 Contact Hours*

General Session 9: *Grassroots Advocacy: A Necessary Skill in Nursing*

- Discuss grassroots advocacy and levels of advocacy.
- Identify current legislation that affects nursing as a profession and/or pediatric patients.
- Describe strategies to become a successful advocate.

Mandi Cafasso, DNP, RN, CNP

12:30 p.m.

Conference Concludes

* Subject to change based upon approval

Total number of contact hours applied for is 27.5 (21 for the regular conference plus 6.5 for the pre-conference workshop)



Save the Date
Pediatric Endocrinology Nursing Society
2019 National Conference
April 24-27, 2019 Hyatt Regency Long Beach • Long Beach, California