



**Abstract Writing and Effective Project
Dissemination**



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Carol J Howe, PhD, RN, CDE
Sharon Close, PhD, CPNP-PC, FAAN

Neither Dr. Howe nor Dr. Close
have anything to disclose



Learning Objectives

At the end of this session, the learner will be able to:

- Describe the 4 PENS abstract submission types
- Creation of a Project
 - Quality Improvement
 - Research
- Construct a draft of an abstract
- Describe how to disseminate your work

Purpose of an Abstract

- Conference places “calls” for abstracts at certain times of year
- Abstracts are a snapshot of a project that you are doing or have completed
- Abstracts are read by independent reviewers
 - Is the work a good match for the Conference or Conference Section?
 - Are instructions followed?
 - Is it a good abstract?
 - Pertinent
 - Well-organized
 - Readable

Purpose of Sharing Your Work

- More than a nurse or NP
- Member of a community that expands knowledge
- Responsibility to share your knowledge and to teach others
- Help more patients than who you see in the clinic
- Make yourself known in the wider neighborhood, city, region, country and international
- Become an expert

Abstracts are Instruments of Persuasion

- Make it interesting
- Provocative
- Point out the lessons to be learned
- Why it is important to your audience

The Beginning

2018 PENS Call for Abstracts for Poster Presentation



Pediatric Endocrinology Nursing Society (PENS)
31st PENS National Conference
Bonita Springs, Florida

Submission Deadline December 1, 2017

Getting Started

- Know your audience
- Know the deadlines
- Check the guidelines
- Word count- do not go over word limit

Writing

- Review abstracts published in Journal of Pediatric Nursing from previous years
- Writing should be clean and clear
- Every word counts
- Create a good title
- Plan to edit



Types of Presentations for PENS

Nursing Research (Poster or Podium Presentation)

- **Research abstracts** describe an investigation into a clinical issue in order to discover facts, to establish or revise a theory, or to develop or test an intervention based on the data collected.
- **General Format**
 - Not to exceed 350 words
 - 12-point font size
 - Title—in Title Case
- **Body of Abstract (use these headings)**
 - Background (brief description of what is known about research question)
 - Aims (purpose of study)
 - Methods (design/study protocol)
 - Results (synopsis of data)
 - Conclusions (summary of findings)
 - Clinical Implications (including relevance to pediatric endocrinology nursing practice)

Case Presentation

- **Abstracts of case presentations** are an analysis of a particular clinical case used as a basis for drawing conclusions in similar situation
- **General Format**
 - Not to exceed 350 words
 - 12-point font size
 - Title—in Title Case
- **Body of Abstract (use these headings)**
 - Patient Demographics
 - Clinical Presentation
 - Relevant Past History (may include relevant family history)
 - Evaluation (studies/assessment)
 - Interventions (physiologic or psychosocial)
 - Discussion/Recommendations (including relevance to pediatric endocrinology nursing practice)

Informational

- **Informational posters** are developed for the benefit of imparting specific knowledge concerning a topic of interest.
- **General Format**
 - Not to exceed 350 words
 - 12-point font size
 - Title—in Title Case
- **Body of Abstract (use these headings)**
 - Background
 - Purpose
 - Description of topic (e.g., disorder, research or clinical practice methodology, nursing intervention, project, or resource evaluation [may include a literature review])
 - Clinical Implications (including relevance to pediatric endocrinology nursing practice)

Product-Based Research

- **Product-based research abstracts** are authored by industry representatives, or are commercially sponsored, to disseminate research related to products relevant to the pediatric endocrinology nursing community.
- **General Format**
 - Not to exceed 350 words
 - 12-point font size
 - Title—in Title Case
- **Body of Abstract (use these headings)**
 - Background (brief description of what is known about research question)
 - Aims (purpose of study)
 - Methods (design/study protocol)
 - Results (synopsis of data)
 - Conclusions (summary of findings)
 - Clinical Implications (including relevance to pediatric endocrinology nursing practice)

General Information About Creating a Scientific Poster

Scientific Posters are a means to convey the content of a finished paper, preliminary results, or a project-in-progress, among others.

- Snapshot of your work.
- Visually interesting
- Capture a viewers' attention in less than a minute.
- Explain your project in 2-3 minutes.
- A poster needs to have fonts large enough to read at a distance of 3 feet

End with a Ka-POW

- Summarize your case in the context of what is known about cases like it.
- Use your case as a backdrop for how your discussion of it leads to important conclusions.
- Has knowledge of this case caused you to change practice or the way you might evaluate the next case

Abstract Gestalt

- Make it logical
- Readable
- Interesting
- Persuasive

Abstract Begins Dissemination

- Read by Reviewers
- Selected as Poster or Platform Presentation
- Abstract is listed or published in Program
- Sometimes Abstracts are published in Journals (such as JPN)
- Build a manuscript from the abstract
- Submit to a journal
- Dissemination

Your Work, Observations & Science

- Reaches beyond the individual patient
- Helps groups of condition categories or common practice problems
- Creates impact
- Builds the body of evidence that changes health care for the better

Let's Hear Your Ideas !


